

## 2019 E-Newsletter Mailing Dates

MONTH DAY TOPIC

### JANUARY

Jan. 2: **General**  
 Jan. 9: **PROTEIN**  
 Jan. 1: **FOOD SAFETY**  
 Jan. 23: **General**  
 Jan. 30: **General**

### FEBRUARY

Feb. 6: **General**  
 Feb. 13: **PROTEIN**  
 Feb. 20: **BAKE**  
 Feb. 27: **General**

### MARCH

March 6: **PROTEIN**  
 March 13: **BAKE**  
 March 20: **General**  
 March 27: **General**

### APRIL

April 3: **General**  
 April 10: **BAKE**  
 April 17: **General**  
 April 24: **General**

### MAY

May 1: **BAKE**  
 May 8: **PROTEIN**  
 May 15: **General**  
 May 22: **BAKE**  
 May 29: **General**

### JUNE

June 5: **PROTEIN**  
 June 12: **PROTEIN**  
 June 19: **General**  
 June 26: **BAKE**

### JULY

July 3: **General**  
 July 10: **General**  
 July 17: **FOOD SAFETY**  
 July 24: **General**

### AUGUST

Aug. 7: **General**  
 Aug. 14: **FOOD SAFETY**  
 Aug. 21: **General**  
 Aug. 28: **General**

### SEPTEMBER

Sept. 4: **PROTEIN**  
 Sept. 11: **General**  
 Sept. 18: **General**  
 Sept. 25: **BAKE**

### OCTOBER

Oct. 2: **PROTEIN**  
 Oct. 9: **General**  
 Oct. 16: **General**  
 Oct. 23: **FOOD SAFETY**  
 Oct. 30: **General**

### NOVEMBER

Nov. 6: **General**  
 Nov. 13: **PROTEIN**  
 Nov. 20: **General**  
 Nov. 27: **General**

### DECEMBER

Dec. 4: **PROTEIN**  
 Dec. 11: **FOOD SAFETY**  
 Dec. 18: **General**



**Banner material required 5 working days prior to mail date.**



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